



# MASS Martial Arts Brings the Lil' Dragon Martial Art Program To Little Log Cabin!

## Learn More Than **Martial Arts** in **Lil' Dragons**

*Our Lil' Dragon Martial Arts Program is specially designed for ages 3-4 & 5-6. In addition to fun, high energy classes, our Lil' Dragons learn:*

- STRANGER DANGER
- 911 PHONE SKILLS
- SELF DEFENSE
- FIRE SAFETY
- FIRST AID
- DRUG AWARENESS

Call today for more information on our

**Lil' Dragons  
Martial Arts  
Program!**

MASS Martial Arts  
Washington Square Shopping Center  
(757) 890-1188  
[www.massmartialarts.com](http://www.massmartialarts.com)

